

WORKING HOURS, SHIFTS & FATIGUE CONFERENCE

5 August 2022

PROGRAM

- 9:00 AM** **OFFICIAL WELCOME**
LISA FITZPATRICK (SECRETARY) ANMF (VIC BRANCH)
- 9:10 AM** **SHIFT WORK, HEALTH & SAFETY FOR NURSES AND MIDWIVES (60 mins)**
*DR JESSICA PATERSON (ASSOCIATE PROFESSOR IN CLINICAL PSYCHOLOGY)
FLINDERS UNIVERSITY*
- 10:10 AM** **INDIVIDUAL SHIFT WORK STRATEGIES (50 mins)**
*ASSOCIATE PROFESSOR MARK HOWARD (DIRECTOR VICTORIAN RESPIRATORY
SUPPORT SERVICE) AUSTIN HEALTH*
- 11:00 AM** **MORNING TEA**
- 11:30 AM** **THE FUTURE OF NURSING – A SYSTEM BASED APPROACH TO
FATIGUE PREVENTION IN HEALTHCARE SETTINGS
(Panel Discussion, 60 mins)**
*TIM NAGLE (MANAGER, WORKPLACE RELATIONS SERVICES) VICTORIAN HOSPITAL
INDUSTRIAL ASSOCIATION
BARBARA HILL (HEAD OF PREVENTION STRATEGY & PLANNING HEALTH & SAFETY)
WORKSAFE VICTORIA
PAUL GILBERT (ASSISTANT SECRETARY) ANMF (VIC BRANCH)*
- 12:30 PM** **NUTRITION CONSIDERATIONS FOR SHIFT WORKERS (50 mins)**
*DR GLORIA LEUNG (RESEARCH FELLOW, ACCREDITED PRACTICING DIETITION)
MONASH UNIVERSITY*
- 1:20 PM** **LUNCH (50 mins)**
- 2:10 PM** **ROSTERING PRACTICES IN HEALTHCARE: IMPLICATIONS AND NOVEL
INTERVENTIONS (50 mins)**
*DR TRACEY SLETTEN (SENIOR RESEARCH FELLOW) TURNER INSTITUTE FOR BRAIN
AND MENTAL HEALTH, MONASH UNIVERSITY*
- 3:10 PM** **STRATEGIES TO AVOID BURNOUT AND FATIGUE (50 mins)**
*CAROLYN MCDONALD (SENIOR CLINICIAN) NURSING AND MIDWIFERY HEALTH
PROGRAM VICTORIA*
- 3:50 PM** **OVERVIEW OF DAY & CLOSE OUT**
*JENNA FLOWER (OHS OFFICER) ANMF (VIC BRANCH)
CLAIRE KING (OHS OFFICER) ANMF (VIC BRANCH)*
- 4:00 PM** **CONFERENCE CONCLUSION**