

///// ONLINE EVENT /////

Promoting your HEALTH & WELLBEING through COVID-19

Agenda

	Event welcome
9.30am	Lisa Fitzpatrick, State Secretary, Australian Nursing and Midwifery Federation (Victorian Branch) and Glenn Taylor, CEO, Nursing and Midwifery Health Program Victoria
9.40am	Recognising YOU & your achievements during COVID-19 Kayanne Breinstampf, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
10am	Life during the COVID-19 pandemic Carolyn McDonald, Senior Clinician RN, Nursing and Midwifery Health Program
10.20am	Prioritising YOUR health & wellbeing in the face of adversity Mark Aitken, Consultant and Stakeholder Engagement Manager, Nurse & Midwife Support
11.20am	///// SHORT BREAK /////
11.40am	Establishing & committing to YOUR Self-care plan Carolyn McDonald, Senior Clinician RN, Nursing and Midwifery Health Program
12 noon	Supporting YOU first, then others Kayanne Breinstampf, Senior Clinician RN, Nursing and Midwifery Health Program Victoria
12.40pm	NMHPV supporting YOU Glenn Taylor, CEO, Nursing and Midwifery Health Program Victoria
12.50pm	Event close Glenn Taylor, CEO, Nursing and Midwifery Health Program Victoria

Wednesday
25 November 2020

NUMs/MUMs & Educators

& Friday
27 November 2020

Nurses, midwives
and carers

